

# SIZING

**CHEST** : Measure around the fullest part under the armpits, keep tape horizontal.

**WAIST** : Measure around your waist, where you usually place your belt when wearing everyday trousers.

**MEN: IF YOU CURRENTLY WEAR A SIZE 36 JEAN, PLEASE ORDER AN RST SIZE 36.**

**LADIES: IF YOU CURRENTLY WEAR A SIZE 12 JEAN, PLEASE ORDER AN RST SIZE 12.**

Please note the sizing mirrors sizes from global clothing brand. For additional sizing information, please email [customersupport@rst-moto.com](mailto:customersupport@rst-moto.com) or visit your local RST dealer.

## MEN'S

### ONE PIECE SUIT & JACKETS

SIZE TO BUY			MEASURED SIZE	
RST SIZE			CHEST INCH	CHEST CM
INT'L	UK	EU		
XS	38	48	36-38	91-97
S	40	50	38-40	97-102
M	42	52	40-42	102-107
L	44	54	42-44	107-112
XL	46	56	44-46	112-117
2XL	48	58	46-48	117-122
3XL	50	60	48-50	122-127
4XL	52	62	50-52	127-132
5XL	54	64	52-54	132-137
6XL	56	66	54-56	137-142
7XL	58	68	56-58	142-147
8XL	60	70	58-60	147-152

### JEANS

SIZE TO BUY			MEASURED SIZE				
RST SIZE			WAIST INCH	WAIST CM	SHORT LEG LENGTH	REGULAR LEG LENGTH	LONG LEG LENGTH
INT'L	UK	EU					
XS	28	38	30-32	76-81	LESS THAN 31" / 79CM	BETWEEN 31" / 79CM AND 33" / 84CM	GREATER THAN 33" / 84CM
S	30	40	32-34	81-86			
M	32	42	34-36	86-91			
L	34	44	36-38	91-97			
XL	36	46	38-40	97-102			
2XL	38	48	40-42	102-107			
3XL	40	50	42-44	107-112			
4XL	42	52	44-46	112-117			
5XL	44	54	46-48	117-122			
6XL	46	56	48-50	122-127			
7XL	48	58	50-52	127-132			
8XL	50	60	52-54	132-137			

## LADIES

### ONE PIECE SUIT & JACKETS

SIZE TO BUY			MEASURED SIZE		
RST SIZE			BUST CM	WAIST CM	HIPS CM
INT'L	UK	EU			
XS	8	36	89-92	70-74	95-99
S	10	38	93-96	75-79	100-104
M	12	40	97-101	80-84	105-109
L	14	42	102-106	85-90	110-115
XL	16	44	107-112	91-96	116-121
2XL	18	46	113-118	97-102	122-127
3XL	20	48	119-124	103-108	128-133
4XL	22	50	125-130	109-114	134-139

### JEANS

SIZE TO BUY			MEASURED SIZE		
RST SIZE			WAIST CM	SHORT LEG LENGTH	REGULAR LEG LENGTH
INT'L	UK	EU			
XS	8	36	70-74	LESS THAN 30" / 76CM	GREATER THAN 30" / 76CM
S	10	38	75-79		
M	12	40	80-84		
L	14	42	85-90		
XL	16	44	91-96		
2XL	18	46	97-102		
3XL	20	48	103-108		
4XL	22	50	109-114		

## GLOVE SIZE CHART

SIZES:	7-XS	8-S	9-M	10-L	11-XL	12-XXL
LENGTH (CM)	20.2	21.6	22.4	23.2	24	24.8
WIDTH (CM)	8.5	9	9.5	10	10.5	11
WRIST CIRCUMFERENCE (CM)	8.5	9.5	10.5	11.5	12.5	13.5

## FOOTWEAR CONVERSION SIZE CHART

COUNTRY	SIZES												
UK	3	4	5	5.5	6	7	8	9	10	10.5	11	12	13
USA	4	5	6	6.5	7	8	9	10	11	11.5	12	13	14
EU	36	37	38	39	40	41	42	43	44	45	46	47	48